

PARENTING MINOR MISBEHAVIOR

These small steps can reap big behavior rewards



Children misbehave in many ways. Sometimes the problem behavior is serious, such as hitting. Sometimes the behavior may only be annoying to others. Either way, children need to be taught the proper way to behave.

Discipline means education. There are several ways to discipline. For serious misbehavior, giving your child a time out is a good way to teach right from wrong.

Most children do not misbehave on purpose. Most young children, for example, don't know that singing loudly at the dinner table is annoying. If you have told them not to sing, perhaps they have forgotten.

In this case, you shouldn't get angry. You should help you child learn what to do and what not to do

The mission of Centers for Youth & Families is to provide specialized prevention, intervention, and treatment services that promote emotional and social wellness for children and families of Arkansas.

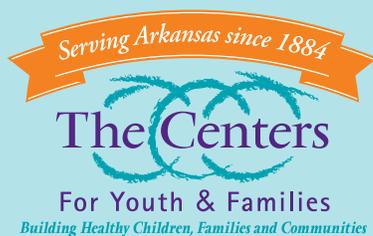
A Go-To Resource for ALL Parents.

Whether you are a new parent, single parent, experienced Mom or Dad facing some new issues, married parents, grandparents or a soon-to-be parents with lots of questions, The Parent Resource Center is the only place you need to visit.

Parent Education Classes are offered year-round on a variety of parenting topics. All courses are focused on enhancing parenting practices and behaviors, such as developing and practicing positive discipline techniques, learning age-appropriate child development skills and milestones, promoting positive play and interaction between parents and children, and locating and accessing community services and supports.

Parent Educators are available to answer your parenting questions and provide guidance. We also provide an array of parenting information at your fingertips cfyfparentresources.org

Follow us on Facebook and Twitter for daily parenting tips and visit our Pinterest boards for a variety of parenting and wellness tips. @TheCentersAR



Parent Resource Center
1200 South Cleveland
Little Rock, AR 72204
501.666.8686
cfyf.org
cfyfparentresources.org

Was the misbehavior deliberate or innocent?

- Deliberate misbehavior is when your child knows not to do something but does it anyway – even if you have warned him or her not to do it. That is defiance, which is serious and should be dealt with seriously, perhaps with a time out.
- Innocent misbehavior is when your child does not understand that doing something is wrong or has trouble remembering it is wrong.
- You don't need to get angry about innocent misbehavior. But you still need to teach your child what to do.

Behave the way you want your child to behave

If you want your child to use polite language, then you should use polite language when talking with your child or to other adults. Many irritating child behaviors are behaviors they pick up from their parents.

Don't yell at your child. Don't call your children "stupid" or any other name that is not their own.

Respond immediately and consistently

When your child misbehaves, respond immediately. And respond every time your child does something he or she shouldn't do.

If you respond only sometimes, your child won't know when it is OK and when it is not OK to sing at the dinner table or interrupt you when you're talking. Ask your child to stop.

Be polite, calm, and simple.

Only ask once

Ask your child to stop. If he or she won't stop, take action.

What you do depends on the problem.

If your child won't stop throwing a ball in the house, take the ball away.

Behavior done at the wrong time or place should be encouraged to be done at the right time or place. Loud singing may be fine as long as it is not done at the dinner table.

Poor behavior that is done deliberately should be handled differently than bad behavior that is done innocently.

Keep your anger under control. Punish when necessary. But remember, it is also your job to teach proper behavior.